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Tia Belau

palau's first newspaper



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Twins win 3 medals for Palau

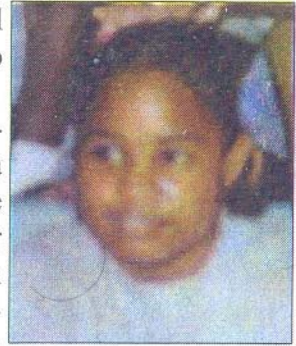
FOURTEEN-year-old twins Alexandra and Alexandrina Patris made history for Palau by lifting their way to three medals at the 2003 South Pacific Games in Fiji last week.

The two young girls, originally from the Southwest Islands, have continually trained hard under the guidance of their father Steven Patris, also a weightlifter. Their efforts

paid off in the SPG. Competing against older and more experienced athletes, the twins nevertheless won one silver and two bronze medals to increase Palau's total

medally to five.

Alexandra won the silver medal in the 58-kilogram clean and jerk competition. Twin sister Alexandrina then won bronze medals in the 63-kilogram clean and jerk, as well as the total for the weight class. The



Alexandra and Alexandrina Patris

twins continued the trend set by Palau cyclist Amy Zirneklis, as women athletes are bringing home the medals for Team Palau.#